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Chief Editor : Dr Sumangala Jha, PhD Executive Editor : Dr V N Jha, MD

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The Kashmir narratives : Is abrogation of article 370 & 35A for Kashmir alone or entire J&K?

Some Media is feeding us non-stop the reactions of hardliner Muslims of Kashmir Valley but there are very few response of the happier J&K residents or jubilant Ladakhi natives. The

voice of 5.35 lakh Kashmiri totally dominate over remaining 69 lakh inhabitants of the Union Territory of J&K. The long subdued & shrill voice of much higher percentage of the moderates & peace-loving natives of both Kashmir & Jammu division have long been ignored. We mostly heard what the likes of Abdullah, Muftis, Ghulam Nabis and Huriyats said. The words & deeds of 75% population who elected their Panchayats, remain muted for the convenience of just few. Not to forget, 2.9 lakh Ladakhi never found their expression in the state of J&K. It is only now that the Ladakhis are jubilant after the J&K re-organization bill 2019.

The most of the Indians are happier lot to see the long-pricking thorn in India's flesh deliberately pricked by Sheikh Abdullah and Pandit Nehru are finally out. Surely there was expected to be some pain in this protracted surgery but our compliments to the strong will of the NDA govt that the abrogation of articles 370 & 35A of the Indian Constitution was possible rather peacefully by the delicate handling of the situation by the Home Minister of India shri Amit Shah. The family based dynastic & opportunistic political outfits in the Kashmir valley namely NC & PDP thriving on the separatism & militancy did have right to be unhappy as their unholy shops are closed, However, the perceived anti-national political forces within nation.....mainly the Congis and Commis did make hue & cries. The protagonists of scrapped J&K articles among Indian politicians be it Rahul Gandhi, Yechuri, Mamata or the likes of, stooped so low in their anti-India rhetoric that Pakis found their utterances a better quote than their own words at UNHRC in their bid to malign the Indian Govt. The diplomatic handling of the event by the govt however, was so efficient and effective that none of the permanent or temporary members of UNSC (except China of course) were ready to bite the Paki baits.

With more than 3 months post J&K reorganization bill gone largely uneventful, it is the time the fruits of one nation, one constitution is tasted by the *aam aadmi* of the erstwhile troubled state. People of Jammu & Ladakh regions were jubilant, back to normalcy within days. Far too long, Kashmir valley has remained a communal agenda of the separatists duly assisted by the terrorists and their supporters. Presently too it is somehow in a sad state that despite presence of large nos of security forces. Separatists and few left-over terrorists are able to call their shots...of hampering selling apples, opening of local shops, of restarting acts of terror. It clearly shows a wide division between the happier Jammu regions and the sullying separatists dominated Kashmir valley, with the saner & moderate voice largely ignored by our polity and the biased media alike.

The curbs have eased out. The mobile communication, tourist inflow, opening of educational institutions incl NIT have already initiated. Limited Internet connection has started. The process of Development is the next start. The alternate political leadership must be allowed to come to the fore and take the reins of the beleaguered state in their hands. However, for any such measure to succeed, the terrorists and their infra must be destroyed. The patience of the natives must not be tested too long.

Politics of Indian Democracy

Leaderships in Indian politics have long thrived on discrimination, appeasement, caste, class, lovehate and worst, the politics of caste based reservations. Despite those time-tested divisive trends trending in India since independence, Modi Govt has been able to overcome the appeasement based politics. Time has come when opposition political parties will have to rise above those petty-partisanships. Today all Indian want a better life, better opportunities and above all....a larger say in the happenings in and around the country.

In This Issue

- Kashmir narratives
- Hits & misses of Modi US visit
- प्रथम अंक संपादकीय.....
- 5-trillion \$ Indian ambitions...
- India dreams of becoming a superpower...
- Human Rights, Terrorism & Jihad: UN & World at large..
- The Ayodhya verdict
- Issues of Health & Science
- Indian space odyssey, HSM
- भागते भूत की लंगोटी......

The Counterviews; 1-15 Dec 2019, Vol...I:01



Hits & Misses of Modi in US 2019...

PM Modi in US from 21-27 Sep 2019 was by and large a phenomena in it self. Never before an Indian PM had such a long, action packed visit of US, addressing plenary sessions, receiving honours & awards and meeting numerous heads of states on the sidelines of the UNGA. *Howdi Modi* in Houston had many firsts too. It saw the US President with so many State officials in attendance to any other head of state addressing own nationals, non-residents in those huge numbers....in excess of 50000 or so, coming from far and wide. Never before had a US President & Indian PM held their hands high together and gone around the huge stadium with public in the mystical state of raptures.....endlessly chanting Modi...Modi. Undoubtedly it shows the immense love, affection and respect they have for our PM.

The UNGA address of the PM was praiseworthy, like a Statesman. India was projected to be a treasure of world's most ancient language, a source of world peace in the teachings of *Bhagwan Buddh* and a foundation of non-violence through the *Gandhian principles*. Some of us did feel that PM Modi should have also conveyed to the world that our quest for peace & non-violence must not be construed as weakness. India has progressed enough in its might and that none should dare to commit any misadventure with our land, our people and our resources.

Ministry of Foreign Affairs did reasonably well to exercise India's rights to reply to Pakistani charges against it. That was a perfect hit. However, our silence and not rebutting the charges against China, Turkey and Malaysia are equally baffling and surely a grave miss. India ought to have exercised its right to reply against them too. China with its oppressive stance in Tibet, Uighur Muslims, Hong Kong, South China Sea and Turkey with their stance against own people as well as the Curds surely have no right to criticize us. These were surely the misses of the Modi Govt.

While friends deserve pats, never forget to kick your foes.....

India has surely missed out a chance to deliver a diplomatic kick to China, Turkey & Malaysia at the recently concluded UNGA. This will send a wrong signal to our foes to undertake a repeat of such misadventure in future too.

UN Human Rights Report Jun 2018: The state of J&K post 2016 Terrorist Wani's killing.....

Both India & Pakistan were jittery to the report submitted Jun 2016 by UNHRC panel. Neither country provided access to the panel to the conflict zone. Hence, the report is based on indirect collection of substances which are poles apart in the two countries. In a fully democratic and free India individuals, agencies, media and the numerous & highly active rights groups are absolutely free in their expressions. It is very well known how the pseudo-liberal Indian individuals and NGOs freely express the anti-Govt and anti-majority sentiments in India. Thus many narratives in the UN report are grossly biased and erroneous.

On the contrary however, the same is not possible in Pakistan. The Pakistani societies are intensely military controlled, terrorist infested and largely defunct rights groups. Any individual or agency expressing views against cruel Pak military, the powerless civil govt or the thriving terror outfits is promptly prosecuted. Hence, seldom anyone dare to speak out their rights violation. The minorities in Pak have been persecuted to the extent that they have dwindled from nearly 21% in 1951 to <4% in 2011 census. Their lives, properties and women are at the mercy of the radicle Muslims, not the govt. They have no rights to speak out. This is in sharp contradiction to the minorities in India who openly exaggerate any violation of their rights. Hence, the narratives collected by the UN Rights panel in the two countries are just not comparable in truth & substance. Thus the conclusions drawn are unjust and highly unreliable.

One often wonders what are the basis of the UN panel seeking Human Rights reports from a particular country? Is it the rights of minorities? If so who will bring out the facts why religious minorities have vanished in the Islamic countries and none in UN has ever sought a report. India is one of those very few countries where the minorities have increased in their percentage population at the cost of the majority Hindu. Is there anyone in UNHRC sensitive to the above issues. I firmly believe...'None'.

5 Trillion \$ economy...ls it feasible?

Under the present govt policies......"NO."

BUT

If Boost the productivity through Agriculture, a spurt in manufacturing will follow for product to be consumed within the country itself....free of global slow-down. Similar boosts in infrastructure, tourism, medicare, education, service-providers and the allied routes may also be initiated.

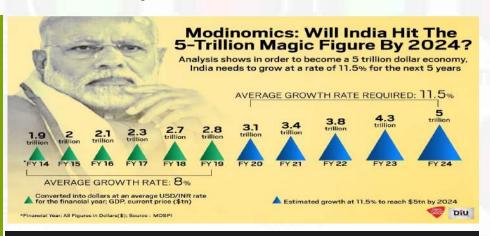
Also, there are high demands for skilled manpower abroad esp in their service sectors. Skill-India pgm may take lead in job-opportunities.

It has potentials to provide "WORKS TO ALL INDIAN HANDS"

And in turn, we may far surpass the 5 Trillion \$ Indian ambitions.....

In addition, it will bring unemployment to almost negligible levels.

This is a food for thought to Modi Govt.



5 Trillion \$ ambitions : Photo from the open internet domain...

The 5 Trillion \$ Indian ambitions....

Modi Govt's ambitious resolve of making India a 5 trillion \$ economy is surely praise-worthy. However, is it workable, possible. Several economists do doubt. They also feel that if the present growth rate is any indicator, it will fall far short amidst the global slow-down. But what prevents it? The manufacturing, Exports, Agriculture, Service sectors? The ever increasing unemployed labour force with largely static govt & private sector jobs....? Well it may be a combination of all.

If Mrs Nirmala Sitharaman can put all pairs of Indian Hands to work, it is possible. But what is the number of those unemployed in India? It is a million \$ question. The statistical Commission of India did not keep pace with Modi model of development and job creation esp in unorganized sectors following massive infrastructure development push and of MUDRA-assisted self-employment. As a result, their chief felt it appropriate to resign during election season when the govt needed to bring out the job statistics in Modi model of self-employment.

As on today with 137 Cr Indian population, 63% are below 21 yr or above 50 yrs thus only approx. 37% are for employment. Total Govt jobs are by and large fixed at 2.9 Cr for decades. So majority of jobs are in unorganized & private sectors. If the figure of >16 Cr MUDRA loans are correct, which seems it is, at least 12 Cr people got self-employment in last 5 yrs. Thus only 13.69 Cr people (incl ~10 Cr house-wives, many not keen to seek job) are unemployed. This puts the unemployment rate at 23% of the eligible population (21-50 yrs age group) as compared to 32% in year 2011. To these, 58 lakh youth add-up every year seeking job against 15-18 lakh vacancies being created due to retirements.

India has large potential to provide jobs/works. Take Agriculture sector. Think of creating Farm Assistance Centers (FACs) at all 2.5 lakh Panchayat levels, with farming machines & equipment, seeds, fertilisers, insecticides, nurseries having saplings, micro-irrigation facilities and so on. Every FAC can have 70-100 people. It may put around 2-2.5 Cr people on jobs. These FACs will need numerous farming equipment, machines....bringing immediate manufacturing spurt in the country. All those manufacturing units too will need additional employment. A similar job growth can be envisaged in almost all sectors.... infrastructure, tourism, medicare, education, service-providers and so on....free of global slow-down. In nut-shell it is possible for the govt to provide "WORKS TO ALL INDIAN HANDS".

It will not need a novel laureate economist to tell us what it means for the nation if all hands are put to works. The economic growth of the country may far surpass the projected 5 trillion dollar economy. Govt has to initiate it.

Indian dreams of becoming a Superpower.....



Lot many people esp those in Modi govt and the hyper-nationalists have been dreaming of India becoming superpower. Is it possible? Superpower in which context, on what accounts, on which yardsticks?

A superpower is the one who has might to do what it wants. Such might are of military and economic strengths added with a leadership role at international fora and institutions like the UNSC. USA and USSR were the two superpowers in the bygone era and USA dominated the world events after the disintegration of the latter. Of late, China is emerging as superpower throwing considerable challenges to the US in many spheres. It has all 3 might...military, economic and special status at the UNSC. Of course the Communist Chinese rise can not be compared with highly democratic India. The Chinese govt's unpleasant or even tough decisions are binding on its citizen that caused its economic rise and military growth whereas any inconvenient decision of democratic India is liable to be challenged and reversed by the Indian courts. Corrupt officials in China are given exemplary punishment to discourage others from indulging whereas our corrupt netas are seldom brought to justice. Let us consider where India stands at present and whether it can become a superpower in foreseeable time-frame.

On the global military firepower index India ranks 4 behind US, Russia & China and marginally ahead of France, Japan and UK. There is however a huge handicap in that our military hardware are largely imported whereas others are self reliant. On the economic front, India (2.9 trillion \$) ranks 5th, far behind USA (21.4 trillion) and China (14.1 Trillion). Hence, just by a glance, India is nowhere near the status of a superpower. But there are some factors that gives India a potential to propel its ranking high-up.

India has the highest youth power whom Modi govt is trying impart skill. Then, if the govt is able to provide works to all these pairs of hands, in no time it will be an economic power to reckon with. The manufacturing of quality products under innovation, make-in India or under joint ventures must increase. The product consumptions too must increase both within and with export to other countries. Then only the trade deficit will reduce to boost our economy. It seems that the military chiefs have understood the need for adhering to the indigenous military hardware as a way forward to military might with self-reliance. Although the R&D road of the quality defence equipment remains bumpy, a way can be found for betterment. This will provide the quantity of military hardware without much compromising on the quality. If the above two factors (economy & military equipment) are taken care of, none can stop India from being a superpower, but there is a big "IF" in this statement. Till that time, our eyes must be set on our goal and our effort must continue on the war-footing.

The third factor of leadership role at international institutions has been long eluding us. The UNSC reforms has been on cards with very sluggish progress. India by now, by virtue of its presence at numerous fora a such as BRICS, SCO, ASEAN, RIC, G-20 and so on, is a strong contender and has an opportunity to carry forward its ambitions of a permanent seat at the reformed UNSC. Our enemy on western front and the adversary on northern though, will surely try to derail our progress to the status we are looking for. Modi govt has been trying hard to take Chines on board but the dragon is unyielding. It is not certain if the persistence of the other four permanent members will move the Chinese.

At present, calling ourselves even a regional power, brings hesitancy, leave alone the status of superpower although not impossible in a foreseeable future. First of all, India must aim to become an economic power which is within reach if all Indian hands are put to work. Modernisation of military might will follow soon with self reliance in military hardware.

Human Rights, Terrorism & Jihad: UN and the World at large.....



"Human Rights" has become one of the most controversial subjects in the world today. The term was coined following World War II when punitive actions were taken primarily against German and Japanese following heinous war crimes. After the formation of United nation charter in 1945 and the declaration of Human Rights in 1948 through "dignity freedom, justice and peace for all in the world". It imparted Civil & Political as well as Economic, Social and Cultural Rights to all. This included the rights to ethnic and religious minorities. Later, refugees incl women and children were added in the list.

All sovereign nations are to protect their nationals against the rights abuse but who in those years of Rights drafting could have imagined that a conspirator of Terror sitting in the remotest area of other country can cause devastation, massacre and injuries to lives & properties of innocent lives in other country, other continent? Such atrocities caused by individuals or groups, at times supported by the State, has been going on for decades...unhindered.....on various pretexts.....with both weak & mighty nations being targeted. Unfortunately the international communities are yet to define the word "Terrorism" because it does not suit some states who are either the perpetrators themselves or harbor them for their narrow geo-political or socio-religious gains....and UN, at best has been partisan in its approach.... banning and applying wide sanctions against some and turning a blind eyes to the others.

In spite of the UN charters on Human Rights, violations by both state and non-state actors have continued from time to time. Religious minorities in almost all Islamic countries have largely vanished and the few remaining continue to be persecuted but UN has turned blind eyed. Religious minorities in Pakistan were approx. 21% in 1951 which is <4% now with reports coming every now & then of their persecution, forced conversion and marrying their women to Muslims. And Pakistan is not alone in carrying out such atrocities on religious minorities. Of the 71 Islamic nations,

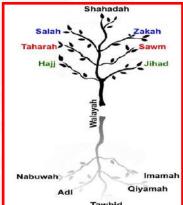
there are 67 nations committing such crimes with impunity with the UN watching helplessly. Only 4 Islamic nations can be called moderate where religious minorities are not facing persecution. Tony Blair institute for Global Change names five of the ten deadliest countries Somalia, Yemen, Syria, Afghanistan & Iraq as very fragile states. Mali, Egypt, Nigeria & Pakistan equally affected but outside major conflict zones. Beyond these countries, there are numerous other countries affected by violent Islamist extremism. If UN has to have its credibility, depleting religious and other ethnic minorities in any state must be probed thoroughly and the perpetrators be punished. The Human Rights panel must initiate investigation at the earliest. Then only its credibility can be restored.

"Jihad" as one of the seven tenets of Islam has long been used as a tool of terror Nabuwah on non-Muslims and there is no word of concerns from secular individuals, socie-Tawhid ties or even UN to ban it in all forms. All state or non-state actors presently find it

convenient to pronounce Jihad and as a result, Islam is at loggerheads with almost all other religions & faiths in the world. Recently, Imran Khan, PM of Pakistan was seen chanting carrying out "Jihad" against India.

Women have suffered the worst in rights abuse esp religious. Islamic nations don't recognize their rights. They are kept in veils/burga. They can not step out of the four walls of their homes without company of the male family members. They can not talk to strangers, can not use mobile phones, can not drive a vehicle, have no right to speak out against male folks and so on.... Islamic rulers and groups have abused women esp of other religions with impunity for slavery and forced conversions. Yezdies in Irag, Christian girls and women in Nigeria and Sikh/Hindu/Christian women in Pakistan are the latest examples of such crimes.

Time has come when UN must ban "Jihad" as an inhuman act of Islam once for all even if that warrants amending the relevant verses of Quran. Religious and other forms of group violence can not be permitted to be carried out with impunity against anyone, be it the same or any other religions. It is beyond doubt that Islamic countries have larger clout in UN, but it is time some corrective measures on radical Islamic terror & violence in form of Jihad is banned. It may need some amendment in Quran but it is the global need of the hour.



प्रथम अंक संपादकीय....

"*काउन्टरव्यू*" या "*प्रतिमत*" पत्रिका --

From the Editor's desk



"काउन्टरव्यू" को मत-प्रतिमत, पक्ष-प्रतिपक्ष, सिक्के के दो पहलू या दो विरोधी-विचारों के वक्तव्य आदि के विभिन्न नामों से हम जान सकते हैं एवं इसकी उपादेयता को अपनी भावनाओं के साथ महसूस कर सकते है।

मीडिया की स्वतन्त्रता तथा विभिन्न प्रकार की प्रसारण सुविधा जहाँ जन-सामान्य के लिए उपयोगी प्रचार-प्रसार का साधन है, वहीं इसका दुरुपयोग भी हो रहा है। सामान्य तौर से कुछ समाज विरोधी एवं देश विरोधी तत्व भी इस प्रसारण सुविधा के कारण अत्यन्त सिक्रिय हैं। ऐसे में तत्वावधान की विश्वसनीयता की जाँच हो पाए, इससे पहले ही वह असंख्य लोगों तक सम्प्रेषित की जा चुकी होती है।

देश के सामान्य जन वस्तुतः मध्यम-वर्गीय एवं निम्न-मध्यम-वर्गीय अत्यन्त संवेदनशील हैं तथा विभिन्न सामाजिक रीति-रिवाजों, रूढ़ियों के संरक्षण का निर्वहण भी करते हैं। परस्पर विरोधी वक्तव्य, वस्तुतथ्य, विरोधाभास निहित वैचारिकता, उनकी विश्वशनीयता का सत्यापन तथा आम लोगों को जागरूक एवं सत्योन्मुख करना ही इस पत्रिका का मूल उद्देश्य है। "प्रतिमत" में लेखन की विभिन्न विधाओं का प्रयोग करते हुए विचार, दृष्टिकोण, समालोचना, विवेचना आदि द्वारा प्रस्तुतीकरण की प्रक्रिया अपनाई जाएगी।

वस्तु तथ्य के अंतर्गत मानवीय अधिकार, अंतर्राष्ट्रीय स्तर पर विभिन्न देशों के लिए मानकीकरण की विभिन्नता, उपयोगिता, आवश्यकता, कार्यकर्ताओं की मजबूरियाँ, नजर-अंदाजी आदि के विभिन्न पहलू आते हैं। इसी प्रकार सामाजिक भेदभाव तथा आरक्षण विषयक समालोचना आदि भी प्रतिमत में समाहित होगी। इसी में देश-हित एवं देश-विरोधी विचार -धारा, धर्म और अधर्म की व्याख्या, धर्म-विशेष व वर्ग-विशेष का निरंतर सांख्यिकी आरोहण-अवरोहण तथा प्रताड़ना-उत्प्रेरणा आदि विषय-वास्तु भी आएंगी।

स्ती-सम्मान, पर्यावरण, जलसंरक्षण, कानून-व्यवस्था आज भारत ही नहीं, पूरे विश्व की समस्या है जिसमें धर्म, समाज, भौगोलिक स्थिति तथा अंतर्राष्ट्रीय स्तर पर भी परस्पर विरोधी मतानुसार कदम उठाए जाते रहे हैं। आज जहाँ विश्व आतंकवाद से जूझ रहा है वहीं जिहाद द्वारा आतंक फैलाना इस्लाम में यह उनके सात स्तम्भों में से एक स्तम्भ है। संयुक्त-राष्ट्र भी आज-तक आतंकवाद को परिभाषित नहीं कर पायी है। इसी तरह आज विश्व में जहाँ स्त्रियाँ खुले हवा में साँस लेने के लिए प्रतिबद्ध हैं वहीं कुछ धर्म और जाति-विशेष में उन्हें बुकें, परदे और घर की चार-दीवारी में घुटने के लिए मजबूर कर दिया है। अंतर्राष्ट्रीय स्तर पर भी विभिन्न देशों द्वारा सत्य -तथ्य से परे विभिन्न प्रकार के वक्तव्यों का प्रसारित होना, कूटनीति के तहत कहीं पलायन, अस्पष्टीकरण तो कहीं आरोपीकरण को ही प्रदर्शित किया जाता है। अभी हाल ही में भारत को मानवाधिकार-हनन के लिए कुछ ऐसे देशों द्वारा संयुक्त-राष्ट्र के कठघरे में खड़ा किया गया था जो सीधे तौर पर स्वयं अपने देश में मानवाधिकार के प्रति संवेदनशून्य हो कर उसका हनन करते हैं।

आरक्षण, विशेष वर्ग एवं धर्म के नाम पर विशेष सुविधा का प्रावधान, इसके विभिन्न पहलू एवं उसके प्रति विभिन्न सकारात्मक एवं नकारात्मक विचार तथा प्रभाव पर भी दृष्टिपात की आवश्यकता है। धर्म एवं विशेषाधिकार के तहत स्त्री, बच्चों, क्षेत्रविशेष में अल्पसंख्यकों एवं जीव मात्र के प्रति क्रूरता का व्यवहार अत्यंत अशोभनीय, अभद्र, असहनीय एवं निंदनीय है। अभिव्यक्ति की स्वतंत्रता किसी की पैतृक संपत्ति तो नहीं। अतः उम्मीद है यह पत्रिका हर व्यक्ति को अपना पक्ष-विपक्ष के प्रति वैचारिक अभिव्यक्ति की स्वतंत्रता प्रदान करने में सक्षम होगी।

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The Strange Indian Democracy.....

India though inherited the democracy from the British, has many idiosyncrasies that has deprived India from its development, prosperity and a rightful position at international arena. Some other countries that gained their independence after us, have left us far behind in our growth. Actually our history of partition and the march to the limping progress thereafter are very strange and worth recollecting for learning from one's mistakes.

India was partitioned on religious ground that Muslims can not live under majority Hindu. The reconciliatory terms and conditions put forth by Jinnah were demeaning and unacceptable to Hindu. Thus India was partitioned for Muslims yet almost 50% of them were let to remain which many felt a vote bank politics of Pandit Nehru and Congress party. On one hand where Hindu fleeing Pakistan lost all their properties, Muslim's properties were kept with them and their Waqf Board. The huge estate of Christian missionaries gifted by the ruling British remained with them after partition. Thus the Hindu were in clear disadvantage after partition. The migrants from Pak had hardly any assistance by the govt of India. As a result, most of them remained in extreme hardship.

British left the country fragmented. Sardar Patel had to put all his tactical skills to unite us and he did it successfully too except the lone J&K where Pandit Nehru prevented him for some reason unknown. Pandit Nehru even permitted insertion of articles 370 & 35A in constitution against the will of Dr Ambedkar who felt it would give a separatist ambition to the Abdullas and his clans and precisely the same happened. The Kashmiri cities were Islamised, Pandits annihilated made to flee from their lands and deep roots of Al-Qaida & radical Islam supporting separatists were sown. Now when home union minister Amit Shah has got rid of the evil constitutional provisions, all those so called democratic forces who were drawing solace from those constitutional provisions are sulking and spitting fire against our own govt. It can be understood that the radicals dominated Kashmir valley went virtually under lock-down but that was the requirement of the time otherwise the separatists would have caused mayhem on others esp the minority Hindu & Sikh communities. Our erstwhile national political party chiefs in Rahul Gandhi of Congress, Yechuri of CPI, Mamata Banerji of TMC along with some others went to an extent of outburst that their words were used by Pakistan as a proof of atrocities in J&K and the Indian govt could not do anything. Isn't it a very strange democracy?

Indian partition on religious ground to form Pakistan and its independence had already sown the seeds of dissatisfaction among virtually all religious groups and factions. Sardar Patel did manage to bring all together but at that time all leaders felt to give time for their emotional healing. As a result many temporary provisions were included in the constitution...some for preserving ethnic identities and others on religious basis. As a result, uniform civil code was recommended to be included in the coming years but after inclusion of All India Muslim Personal Law Board (AIMPLB) and "Secularism" by Indira Gandhi for their appeasement, is another black spot in Indian democracy. Muslims try to defy Indian laws under garb of AIMPLB, Christian priests look to Rome for instructions from the Pope. The Idiosyncrasies of AIMPLB and the Pseudosecularism that followed, made the Indian democracy a laughing stock. Muslims defy population control measures and are growing at 150% of the other religions. The nearly 10% of Muslims after partition are now nearing 18% by now making Hindu and other religions a minority in many areas of India causing severe concerns.

Indian citizen suffering from poverty, illiteracy, oppressions by local riches having both muscle powers and political clouts, hardly knew the meaning of their voting rights. Even now, they sell their votes for as little as Rs 100 to 2000 depending upon the constituencies. They vote on the lines of religion, caste, creed and so on... Isn't our democracy a very strange? Poverty and oppression made a some section of the population to fall in to the hands of radical communists who made them to go into arms against the state and is now posing threat as Naxal movement and violent Maoists. Of late these Maoists have found Islamic connections too and get their funds and patronage by both communist leaders and their Pakistani handlers to carry out law & order problems to the State.

All these only confirm that we are the largest but a very strange democracy.....

Health.....

Epidemic like Vit D Insufficiency in major cities...

- Dr V N Jha

Indian upper middle & higher class of living standards in major cities are under grip of Vit D insufficiencies mainly due to non-exposure to effective sunlight. Most of the office workers seldom expose to moderate sunlight having ultraviolet B (UVB) component. This type of UV rays are present in moderate to strong sunlight (after 10 AM till about 3 AM) that are useful for making Vit D3 in skin. This is also the time for the office workers to be in their seat. They seldom venture out in the sun. Even if they do, they have by and large full body cloths. On the few uncovered area, they apply sun-screen lotions (esp the females) to prevent UV tan. This results in prevention of Vit D formation in skin. Blood Vit D levels have gone down to the levels of as low as 1-3 ngm/ml against the normal value of 35 ± 15 ngm/ml. People working mostly in open seldom suffer from this ailment.

Many people suffering from in-sufficiency of Vit D3 realize it incidentally when they test their blood for it or for varied other reasons. This insufficiency adversely affects the bones, joints, skin, immune system and absorption of Calcium from gut. The symptoms are largely indirect, starts with joint pains, pain over bones, epidermal cellular loss, rashes and eruptions over skin. The immune system if affected, leads to variety of problems including recurrent infections. Depleted blood calcium may also affect the rhythmicity of heart and functioning of the muscles & nerves.

Remedies...

Resolving the growing problem is easy. All those who mostly work under shade during 10 AM to 3 PM, are the ones to be especially aware of it. Have your normal diet. Milk, milk products, eggs normal cooking oils have sufficient precursors from which Vit D is made in your skin following exposure to direct sunlight esp from 10 AM to 3 PM. Those working 10 to 5 under shades, not getting exposed to sunlight, may get their blood tested for Vit D. If insufficient, take weekly/fortnightly/monthly a 60000 iu of Vit D3 sachet as directed by your doctor. For the Vit D to be formed naturally, one having normal diet, must expose to sunlight between 10 AM to 3 PM for at least 45 min on 3 days a week. During these exposures, keep your trunk and limbs as bare as possible. Avoid sun lotions unless prescribed by doctors for prevention of sunburn and related allergies.

Wishing our readers a very good health.

Health Problems of living in major cities....

Those due to Environment: Bad air quality, dust, fumes & smokes cause respiratory diseases and various nasobronchial allergies.

Contaminated water carries the risk of oro -fecal diseases.....diarrhea, dysentery, viral hepatitis, typhoid and so on.....

Lack of exposure to sunlight causes Vit D insufficiency as discussed here.

Excessive noise causes temporary or permanent hearing losses of various degrees along with anxiety and irritability.

Those due to faulty Lifestyles: The stress and strain of city living are high with little psychological support esp among those living away from homes. Many pick-up smoking. These stresses per-se show up later as illnesses such as hypertension, diabetes, heart diseases, sleep & psychological disorders etc.

In in major cities there are very little lung spaces and very little exercise in healthy environment are undertaken. Sedentary life styles are prone to heart diseases.

Packed food & drinks have different preservatives having adverse affects on body esp allergies and intestinal upsets, in addition, thee are decays and loss of essential dietary elements.

Alcohol & drug abuses are common in cities owing to its easy availability.

Those due to poor income: Reasonably large population in major cities have their livelihood just to meet their essentials. They live in crowded families, in slums with inadequate hygiene & sanitation. Their children suffer from malnutrition, basic healthcare elude them. It is hoped PMJAY will help them the most.

The Ayodhya Verdict...some counterviews....

Ayodhya verdict is something that everyone wants to praise the Supreme Court for the type of judgment passed. Most of the citizen felt that no better judgment were possible. People also commend the union Ministry of Home Affairs headed by Mr Amit Shah for the type of unprecedented security arrangements to prevent any untoward incidents. Both steps were commendable. However, there are some counterviews too.....

One fails to understand why the Supreme Court had to wait for 9 long years for the verdict. Translation of the Allahabad HC decisions did require time but how much? A month or two or three or six? Why it took 9 yrs to start hearing in to the case? But, I must commend the CJI for his bold decision to have agreed for daily hearing.

There is absolutely no doubt that the decision in itself absolutely crystal clear. The SC has arrived to the conclusion that there was a temple on which the Islamic structure was raised which basically offended the Hindu community. In Islamic period they were throttled for any expression hence the anger was shown in the British Raj first by occupation of a part of Janmbhumi by Nirmohi Akhada in 1853 followed by Hindu-Muslim clash in 1855. Such acts by Muslim rulers offending the entire Hindu community, the demolition of the Islamic structure was always on cards whether by mob or law and order agencies. This is no serious offence. Hence, the SC could have taken cognizance of this finding and could have dropped the cases against many who were booked. To the contrary, SC ruled the case to be progressed.

If it is confirmed that the Babri masjid was constructed over Ramjanmbhumi, in all probability, by demolishing the temples as a rule of Islamic expansion. Just like numerous other Hindu temples, Jain temples, churches, synagogues, the Parthenon, and Zoro temples were converted into mosque, Ram janmbhoomi too suffered the fate. In India itself, Kashi & Mathura bear testimony to Islamic intolerance to temples. why not hold those accountable who committed the grave sin. Why not a case be registered, the graves of the perpetrators be dug-out and their skeleton be hanged in public for the sin committed. Why not punish them even posthumously? SC could have made some deliberations in this respect.

During Indian partition for Muslims, why Nehruji did not pass a decree to take over all such sites of Hindu importance from the grips of Muslim claimants / occupants? Why did Nehruji & India Gandhi allow such sites of immense religious importance to be taken over by Muslim Waqf board who had no locus standii over such monuments? Why did the SC miss out such important observations?

A genuine doubt arises as to how such barbaric action as that of destruction of Ram Temple by a Muslim ruler was not recorded in any of the contemporary literatures. This only means that none of the literatures of the Islamic period which pertains to Islamic atrocities and inhuman acts, are reliable or authentic.

Ayodhya Verdict...the Timelines....

09 Sep 2019 – The SC Verdict

2011—SC stayed the orders of Allahabad HC.

30 Sep 10 -Allahabad HC Verdict was delivered.

2003 – ASI found evidence of temple & habitation in the area to the middle of the 13th century B.C.

1992 - Demolition of Babri Masjid

1959 - Suit filed in court on restoration of Temple

27 Mar 1934 - Hindu–Muslim riot in Ayodhya, one mosque dome damaged, reconstructed by British.

18 Mar 1886 - District Judge F.E.A. Chamier also dismissed an appeal

24 Dec 1885 - Sub Judge Pandit Hari Kishan Singh dismissed the suit

27 Jan 1885, Raghubar Das, the mahant (priest) of the Ram Chabutara & Mutawali as well as Muslim trustee filed a civil suit before the Faizabad Sub-Judge.

19 Jan 1885 - Deputy Commissioner prohibited any temple construction

1883 - the Hindus made effort to construct a temple

1855 - after Hindu-Muslim clash, a boundary wall as constructed between Ram Chabutara & Mosque.

1853 - A group of armed Hindu ascetics belonging to the Nirmohi Akhara occupied the site

1838 - British surveyor Montgomery Martin found the pillars in the masjid-e-janmsthan were taken from a Hindu temple. built by Aurangzeb after demolishing the Ram Mandir.

1813-14 - Francis Buchanan-Hamilton survey of Gorakhpur Div on behalf of East India Company said it was built by Aurangzeb.

1528 –Masjid-E-Janmbhoomi was constructed after destroying Ram Temple that existed before.

Undocumented – The Ram Janmbhumi of centuries was rediscovered from its ruins by King Vikramaditya between 101 BC to CE 19 with assistance of local king Prayaga where a new temple was later constructed that existed many centuries. Guru Nanak is known to have visited this temple in 12th century.

Lord Ram was born in "Treta Yug" before Lord Krishna of "Dwapar Yug". Each of the "Yug" are considered to be of a period ranging 4000 yrs to 6000 yrs.

Sports & Science.....

Selection and Training for Tokyo 2020.....

All the eyes are on the Indian athletes who will be making it to Tokyo Olympics 2020. Going by the previous achievement records, we have nothing but disappointments. There is nothing in the past Indian Olympic records that we can be proud of as a country of over 1 billion people.

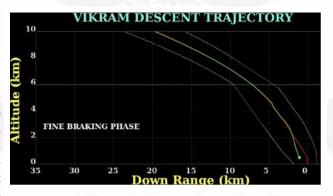
In the year 2016 after Rio Olympic disappointments, PM Modi set-up a task force to look in to the shortcomings and suggest measures to promote the Indian sports. Accordingly many improvements have been suggested. In one such step, "Khelo India" school-level sports was started which has given us a flicker of hope. How much this will be useful for Tokyo 2020 is only a matter of speculation. But in the recent years, Indian sportsmen performance records in international or world events may indicate as to where we stand.

If we go by an indicator, world athletics events after 2016 show abysmal performance of which Doha 2019 has been the latest. Indian performance at best may reach 1st or 2nd heat events in some and not qualify in majority of events. I cant say who is to blame but it is Indian govt which was to come up with the national sports policies in 2016 which apparently has shown no tangible results for medallion prospects in the world/Olympic competitions. The next Issue of the counterviews will be a sports special highlighting lacunae in some of our athletic events.

Chandrayaan 2

Did it meet its objectives.....?

While ISRO was at its best in sending its ambitious mission "Chandrayaan 2" with everything with precision, the entire nation was glued to the TV screen both during its launch from SHAR and the landing process of its "Lander" at the moons south pole. But the disappointments were written large on all faces after ISRO lost contacts with the Lander 2.1 Km above the lunar sur-



face as the Chairman announced. Some grossly involved with the mission even broke down including the chairman ISRO. So much was our emotional attachment with Chandrayaan 2.

Some of us lesser known scientists, observed the Lander come very close (335 mtr) to the lunar surface when it lost contact. Was this the altitude where it crash landed or was it the altitude wire signals were lost? There were some speculations that lander had fallen in a crater. A crater is unlikely to be at 335 mtrs above surface of the moon. Lander was supposed to hover 400 mtr above lunar surface and then descend to touch down at the pre-designated or the alternate spot as decided by the Al onboard the Lander. It had some forward speed when it lost contact. So did the lander struck an elevated lunar surface nearly a kilometer short of the landing spot, hitherto unknown? Or did the Al of the lander chose the spot more suitable and tried to decelerate to hover but failed? Did the motors exceeded the required thrust to slow down the lander much before its destination? Did the motors malfunction to arrest the higher vertical descent rate? Did the lunar surface have more gravity at that place due to Mascon? Did the lander hit some 335 meter elevated surface feature in its descent trajectory? Scores of such queries arise which can only be answered by the actual data only with ISRO and we must refrain from speculating?

The aftermath of the loss of the Lander must have been even more painful for the ISRO....trying frantically to establish contact, approaching NASA for help, analyzing the mammoth data during its journey in landing trajectory, of its motors' functions & thrusts, of onboard Al functions, of any possible terrain obstruction and so on....

ISRO is readying for Chandrayaan 3 with few design changes...possibly of making the Lander legs stronger...lower the CoG to prevent toppling over at inclinations upto 30 deg or so, carry more fuel, a better altitude sensor, choose the landing spot after 3-D mapping and a robust Command, Control & Communication system with redundancy.

Indian Space Odyssey, Gaganyaan

The other side of this story....

ISRO has enabled India to occupy a very special position in the world thru' its various space missions which are praiseworthy. It is next aiming to be the fourth country in the world to send human to the space through its ambitious project "Gaganyaan" and there are words of praise coming from all corners. However, many of us may not be aware of the other side of this developing story......

The Human Space Mission (HSM) was announced by our PM from the Red Fort as our own venture. There was no compulsion for PDC nor the HSM is inked to Statement of Honourable Prime Minister

" ... a son or a daughter of India will go to Space from Indian Soil by an Indian Vehicle by 2022 (75th Year of India's Independence) or earlier"

BENEFITS

Enhances Science & Technology Levels of the Country
National project involving other Institutes, Academia and Industry

Improves Industrial Growth

Inspires Youth to take challenges in Science & Technology

Technologies developed for societal benefits

Additional Human Resource Development

Provides way for the International Collaboration & Policies

any other mission so as to upset the schedules if delayed a bit. Yet, ISRO is hurrying in importing equipment and other assistance from Russia & France. MoUs have already been signed with them. Very miniscule of works has been left for the IAF on initial selection of the crews leaving the final say to the Russians. DRDO has a miniscule task of recording body parameters and providing packed food. Some other minor tasks have been given to other agencies as well. All these look like an effort to prevent our scientist from crying / making noise. But why did ISRO and PMO was in so hurry for MoUs, to negate indigenous technologies? This is despite a mission core group of renown personalities in the National Advisory Council.

ISRO already has the rocket to launch the "Gaganyaan". It has also made the Crew module and tested it too in 2009 thru' Launch, orbital insertion, remote controlled de-orbiting and re-entry with safe splash in the Indian ocean. The technology is already been proven. It was only to be certified for "Human Rating" and that could have been achieved involving CEMILAC and DGCA if needed. It could have initiated an "Space Department" as well to look-after the certification of the craft, the crew module with all allied equipment. However, to best of my knowledge CEMILAC has not yet been approached to create its "Space Deptt".

The Technological core competence for Life Support Equipment, Env Control System, Crew-override Controls & displays, launch suit, consumables & toiletries etc in Aerospace largely lay with DRDO. With slight modification these equipment of the LCA and allied systems, could have been developed for Gaganyaan by ourselves. One may argue the poor record of DRDO keeping its PDC, the core group could have kept a strict vigil.

Similarly Institute of Aerospace Medicine, Bangalore has the core competence in crew selection & training. They had done the selection way back in 1983 too. In consultation with Wg Cdr Rakesh Sharma, they could have imparted the entire microgravity training within the country itself. The actual feel & training under zero-G could have been imparted by slight modification of any of the civil or IAF transport aircraft for a few parabolic flights. These were all within our capabilities. Then why did the ISRO lack faith in our scientists, engineers, pilots and doctors?

If ISRO or Dr Jitendra Singh, the minister in PMO had sounded these facts to the PM, he would have proudly and gladly accepted the postponement of the PDC by a year or so in the interest of the indigenous technologies and more so to keep faith in our own scientists. The present decision of the ISRO and the union govt seems to have insulted the resolve of our scientists. It can be understood that having signed MoU, govt may not step back for the sake of keeping its words but what about next HSMs?

For the ISRO and the PMO, time is ripe to ask the DRDO, the IAF and other institutions of excellence to prepare for the next HSM with purely Indian technologies. The certification can surely be handled by our CEMILAC in consultation with DGCA. It can only be hoped that both ISRO and the union govt get wiser and have faith in own capabilities, own scientists.

भागते भूत की लंगोटी.....

१ पप्पू चूहे की कहानी...

अब समझ में आता है कि कितनी सटीक हैं ये पुरातन कहानियाँ | यह पप्पू चूहा आज के परिपेक्ष में चाहे जो भी हो, अब भी सजीव है, अपनी आदतों से मजबूर | वह ऐसा कुछ जरूर कहेगा या करेगा जिससे समाज के कुछ तबके जरूर खिजेंगे और आवेश या मजबूर होकर कुछ ऐसा जरूर

"पप्पू" चूहे की कहानी

किसी देश का राजा "पप्पू" नामक एक चूहे से काफी परेशान था जो एक टोपी पहने काफी उत्पात करता था। राजा ने उसे मारने के वजाय दंड के रूप में उसकी टोपी निकलवा ली तो पप्पू अगले दिन से गाने लगा:-

"राजा कंगात है मेरी टोपी ते ती"

तो मंत्रियों ने राजा को सलाह दी कि पप्पू को टोपी वापस दे दी जाये। जब राजा ने उसे टोपी वापस कर दी तो पप्पू फिर से सड़कों पर एक दूसरा ही राग अलापने लगा :-

"राजा डरपोक है, मेरी टोपी दे दी"

करेंगे कि चूहे को अपना राग आलापने के लिए **कोई न कोई** बहाना अवश्य मिल जाएगा **।**

२ अगला बालाकोट हमला

बालाकोट हमले के <mark>बाद अपने ही</mark> देश में रह रहे कुछ गद्दारों ने तो "रा<mark>ग-</mark>पाक" कुछ इस <mark>तरह आलापना</mark> शुरू किया कि घंटों, दिनों

और हफ़्तों तक बस य<mark>ही चर्चा चलता रहा कि क्या भारतीय वायु-</mark> सेना ने सही में हमला किया था? कितने मरे थे?

अब अगली बार बालाकोट-जैसे किसी भी हमले में सरकार को चाहिए कि कुछ गद्दारों को जहाज के पोड में बाँध कर साथ ही लेते जाएँ ताकि वे अपनी आँखों से देख सके कि दुश्मनों पर हमला हुआ



था या नहीं? हमला <mark>कहाँ हुआ था</mark>। फिर यह गिनने के लिए कि कितने <mark>द</mark>ुश्मन हताहत हुए, <mark>इन गद्दारों को</mark> वहीं गिरा कर वापस आएँ। साथ ही "राग–पाक" आलापने वाले कुछ प्रमुख मीडिया–कर्मी को भी जहाज के पंख के पीछे बाँध कर लेते जाएँ जो इन घटनाओं का आँखों देखा वर्णन देते रहें।

चलते-चलाते.....

Some unique social media posts during Lok Sabha Election 2019....



बस एक ही उल्लू काफ़ी था बरबाद हिन्दुस्तां करने को अब हर शाख पे उल्लू बैठा है अंजामे गुलिस्तां क्या होगा





In this Issue... Kashmir Narratives...Page-1; Hits & Misses of Modi in US 2019... UN Human Rights Report Jun 2018 : The state of J&K post 2016 Terrorist Wani's killing.....P-2; The 5 Trillion \$ Indian ambitions....P-3; Indian dreams of becoming a Superpower......P-4; Human Rights, Terrorism & Jihad : UN and the World at large......P-5; प्रथम अंक संपादकीय......P-6; The Strange Indian Democracy.....P-7; Epidemic like Vit D Insufficiency in major cities....Health Problems of living in major cities....P-8; The Ayodhya Verdict...some counterviews.....P-9; Selection and Training for Tokyo 2020.....Chandrayaan 2: Did it meet its objectives......P-10; Indian Space Odyssey, Gaganyaan: The other side of this story....P-11; भागते भूत की लंगोटी......P-12;चलाते—चलतेP-13